

# DESERT AIRMAN

Vol. 63 Issue 38

Davis-Monthan Air Force Base, Ariz.

Friday, Oct. 1, 2004



Staff Sgt. Lanie McNeal

## Water world

A 55th Rescue Squadron HH-60 and its crew fly over the Pacific Ocean as they prepare to land on board the United States Naval Ship Rappahannock,

during a joint water rescue training mission with the 48th Rescue Squadron and the 79th Rescue Squadron. For more information about the water rescue training see, **563rd Rescue Group performs open water training**, Page 8.

## Success requires effort of entire team

By Margaret Bowman  
355th Civil Engineer Squadron

Recycling is everyone's responsibility and a vital part of being good installation stewards. In addition, all military family housing residents are required to participate in the Curbside Recycling Program.

Unfortunately, according to the city of Tucson, the D-M Curbside Recycling Program is experiencing problems.

"A few weeks ago, half of the recycling containers in our housing areas could not be serviced," said Ruby Modica, 355th Civil Engineer Squadron housing manager. This happened because residents placed un-recyclable materials such as plastic bags, food, dirt and yard waste in their blue recycling barrels. When recyclables are placed with un-recyclables they can become 'contaminated.'

The city of Tucson has a "three strikes and you're out" recycling policy. To enforce this

See **Recycling**, Page 6

## Airmen who choose to abuse drugs will be caught

By Senior Airman  
Brandy Dupper-Macy  
355th Wing Public Affairs

There are times in everyone's life when they must stop and ask 'is this the right thing to do?'

"We live and work in such a high speed and complicated world; we cannot afford to have someone operating at less than 100 percent," said Special Agent Jason Engholm,

Air Force Office of Special Investigations Detachment 217 operations superintendent. "Drugs influence your motor skills, thought processes, motivations, awareness and judgment."

Though people who abuse drugs may be oblivious to what harm can be done to themselves or others, one thing is for sure: In the military, those who use will be caught.

"In 2003, (security forces) incar-

cerated 22 military members for violations of Article 112a (wrongful use and possession), of controlled substances," said 1st Lt. Joseph Parsons, 355th Security Forces Squadron assistant operations officer.

Those 22 military members, among others past and present, have been caught after various types of investigations.

"Often, information is brought

to us as a result of positive urinalysis test results, inspections (like medical, random and accident investigations) and by word of mouth from people or agencies located on- or off-base," Agent Engholm said. "In addition, we gather information through investigative operations that we proactively run."

See **Drugs**, Page 6

### Preventing domestic violence by building respect for duty, family

October is Domestic Violence Prevention Month designed to increase knowledge, beliefs and attitudes toward violence. Davis-Monthan will be conducting a purple ribbon campaign. Ribbons are available around base at places like the community center, medical group information desk and more. For more information about domestic violence or obtaining purple ribbons, contact Marley Smith at 228-2104.

**Personal Risk Management**

It's been a busy, fast paced year. This past week, we closed out a very busy fiscal year. The Desert Lightning team flew nearly 23,000 A-10 hours, 3,800 EC-130 hours and 4,400 hours in the 563rd Rescue Group.

To support these missions, we committed \$167 million. Everyone in the Desert Lightning Team contributed to make these milestones happen. You can be proud of what you've done.

So, against these accomplishments, it's appropriate that we pause and renew our commitment to doing our mission right ... safely. That's been part of our focus this past week especially on Safety Day.

There's no mission at Davis-Monthan that should cost us a life, an aircraft or an injury. For the past decade, we've embraced operational risk management as a cornerstone to our operations to do the mission right.

Performing ORM is an easy concept. Identify the risk or threat associated with what you're doing. Take positive action to mitigate or reduce that risk. Talk with your supervisor or commander to ensure your thoughts and actions are sound.

We've done a good job of executing our missions here at D-M with an ORM mindset. We can still do better. I'm confident we can build upon our solid record in 2005.

The area that we have the greatest potential for improvement in is translating ORM into personal risk management.

Take those same steps ... identify the threat and take positive action ... to what you do off-duty. We are Airmen 24/7.

Perhaps one of the off-duty areas that concerns me most is drinking and driving. If you're thinking of drinking and driving, I'd ask you to consider the following.

If you're under 21 years of age and drink, you face civil penalties.

\$500 for having any alcohol in your system.

\$2,500 if you use a fake ID to buy alcohol

\$2,500 if you are over 21 and give alcohol to someone under 21

\$2,500 if you drink and drive (any age)

\$3,000 for a civilian lawyer to defend you in court

So, if you're underage, use a fake ID and get stopped for DUI, you're looking at around \$8,000 in fees and costs. If you're over 21 and drink and drive, you're facing "only" \$5,000 out of your pocket.

If the lost wages aren't compelling enough, consider this. In Air Combat Command, if you drink and drive at night ... and have an accident ... the fatality rate is 100 percent.

I've just identified the "threats" to alcohol and vehicles. So, applying PRM principles, what do you do?

If you're under 21 years old, don't drink. Period.

If you're over 21, don't drink and drive. Have a designated driver, call a buddy. Call a cab. Call Airmen Against Drunk Driving at 850-2233. The biggest reason I've heard why folks don't call a cab is the "hassle" of having to return to the bar the next day to get their car back. Some local cab companies will take you home and the return trip to your car the next day ... for free.

Consider that "hassle" with the hassle of having to walk for the next year because you don't have a drivers license. That "hassle" combined with the \$5,000 to \$8,000 in cash that you'll be out make the return trip to bar the next day seem pretty simple.

Now, here's the toughest part of PRM: Look out for your buddies. If you're out or at a party and you see another Airman under 21 drinking, step in, call "Knock-it-Off." Stop them. If you see an Airman



Airman Veronica Pierce

Senior Master Sgt. Joni Gilbert, 355th Maintenance Operations Squadron, presents Col. Michael Spencer, 355th Wing commander, with the first 2004 Air Force Ball coin. For more information on the Air Force Ball, see **Air Force Ball Celebrating the Air Force's 57th birthday, tradition**, Page 15.

over 21 drinking and headed to his or her car, step in and use the "Knock-it-Off" call. Get their keys and get 'em home safe. Call that cab for them.

Compare the difficulty of telling your fellow Airmen to "Knock-it-Off" with the difficulty of replacing a co-worker. We would have to start at square one with developing and nurturing a new Airman. This person would not be ready to deploy, or go fight if called. The slack would be ours to take up.

It takes a lot of character to take this action, but this is the type of character that the Desert Lightning Wing demonstrates every day as we get our mission done. Carry it over to when you're off duty.

We've had a great year ... a year that we can be proud of. Let's use this week to renew our commitment to getting the mission done right ... on and off-duty.

**Davis-Monthan Unit Public Affairs Representatives**

Unit Public Affairs Representatives are the "eyes and ears" of the 355th Wing Public Affairs office. Each squadron has unique individuals that have interesting stories to tell, whether it is about sports, awards, lifesaving acts, IDEA program contributions, etc. UPARS are responsible for getting the information to PA in a useable format and in a timely manner.

If there is a UPAR not listed here, or a unit at Davis-Monthan not represented in the following list, contact the Desert Airman staff at 228-5092 or send an e-mail to the Desert Airman staff at [desert.airman@dm.af.mil](mailto:desert.airman@dm.af.mil).

**D-M Unit Public Affairs Representatives**

- Aerospace Maintenance and Regeneration Center**
- Terry Vanden-Heuvel.....228-8448
- 12th Information Warfare Squadron**
- Senior Airman Kaliah Peterson.....228-0703
- 25th Operational Weather Squadron**
- 2nd Lt. Jon Schiefelbein.....228-1977
- 2nd Lt. Makishma Cabo.....228-6674
- 41st Electronic Combat Squadron**
- Capt. Adam Blanchard.....228-9870
- Airman 1st Class Jon McCormick.....228-9838
- 43rd Electronic Combat Squadron**
- 2nd Lt. Michael Dow.....228-9088
- Capt. Josh McIntyre.....228-9141
- 372nd Training Squadron**
- Staff Sgt. Kenneth Meyers.....228-6132
- 305th Rescue Squadron (Air Force Reserve Command)**
- Tech. Sgt. Ruby Zarzycki.....228-2160
- 354th Fighter Squadron**

- 1st Lt. Donald Bugg.....228-7521
- Airman Spencer Chambliss.....228-4268
- 355th Aerospace Medicine Squadron**
- Senior Airman Amy Rauch.....228-5369
- Senior Airman Danny Watton.....228-5369
- 355th Aircraft Maintenance Squadron**
- Capt. Joshua Pope.....228-2121
- Senior Master Sgt. John Spronk.....228-0194
- 355th Civil Engineer Squadron**
- 2nd Lt. David Calkins.....228-3522
- 355th Component Maintenance Squadron**
- 1st Lt. Lori Pluchinsky.....228-3630
- Capt. Lyle Drew.....228-4093
- 355th Comptroller Squadron**
- 1st Lt. Yolanda Glenn.....228-0777
- Senior Airman MaryJane Conley.....228-2209
- 355th Contracting Squadron**
- 1st Lt. Gayle Barajas.....228-5476
- 355th Dental Squadron**
- Tech. Sgt. Randy West.....228-2646
- 355th Equipment Maintenance Squadron**
- 2nd Lt. Orlando Valles.....228-8214

- Tech. Sgt. Joseph Ford.....228-4172
- 355th Logistic Support Squadron**
- Senior Airman Tiffany Woods.....228-3792
- 355th Logistic Readiness Squadron**
- 2nd Lt. James Oriani.....228-1130
- Staff Sgt. Luis Vela.....228-5394
- 355th Maintenance Operations Squadron**
- Maj. Matthew Mangan.....228-4206
- Master Sgt. Jeffrey DeMoss.....228-5583
- 355th Medical Operations Squadron**
- Staff Sgt. Hilda Rios.....228-1543
- 355th Medical Support Squadron**
- Senior Airman Nicholas Clisby.....228-2870
- 355th Mission Support Group**
- 1st Lt. Dennis Smith.....228-4631
- Senior Airman Stacey Hunsley.....228-3445
- 355th Operations Support Squadron**
- 2nd Lt. Raymond Page.....228-6011
- Senior Airman Noel Navarro.....228-6014
- 355th Security Forces Squadron**
- Senior Master Sgt. John McCormick.....228-4791
- 355th Services Squadron**

- Chris Sweeney.....228-7352
- 355th Training Squadron**
- Lt. Col. Michael Weldon.....228-5888
- 355th Wing Staff**
- Master Sgt. Gregory Pleasant.....228-4891
- 355th Wing Chapel**
- Capt. Matthew Boats.....228-5411
- Staff Sgt. Tiffany Heath.....228-3088
- 357th Fighter Squadron**
- Airman 1st Class Ryane Chatman.....228-4724
- 358th Fighter Squadron**
- Capt. Brian Wigton.....228-5961
- Staff Sgt. Cathy Register.....228-3692
- 755th Aircraft Maintenance Squadron**
- Tech. Sgt. Robert Motz.....228-9472
- Capt. Christa Bjerken.....228-9548
- 755th Operational Support Squadron**
- Airman 1st Class Matthew Mason.....228-9028
- 607th Air Control Squadron**
- Master Sgt. Rocky Ellingsworth.....DSN 896-7496
- 612th Air Intelligence Squadron**
- Staff Sgt. Jessica Clark.....228-2386
- Tech. Sgt. Heather Maddaleno.....228-2386

The 355th Wing Public Affairs staff prepares all editorial content for the *Desert Airman*. The editor will edit or re-write material for clarity, brevity or to conform with the Associated Press Style Guide, local policy and Air Force style as required by Air Force Instruction 35-101. Contributions for the *Desert Airman* can be made directly to the 355th Wing Public Affairs Office, Building 2300, Suite 2054, or through e-mail to [desert.airman@dm.af.mil](mailto:desert.airman@dm.af.mil). The editor can be reached at 228-5092. Submission deadlines are Wednesday, nine days, prior to publication date. If submissions are publishable, they run based on space available and priority. Unless otherwise noted, photographs are Air Force photos. The *Desert Airman* uses information from the Armed Forces Information Service, Air Force News Service, Air Combat Command and other sources. All Advertising is handled by Aerotech News and Review, 456 East Ave. K-4, Suite 8, Lancaster, Calif. 93535; phone: (520) 623-9321; e-mail: [aeroaz@earthlink.net](mailto:aeroaz@earthlink.net).



**Editorial Staff**

- 355th Wing Commander.....Col. Michael Spencer
- Chief, Public Affairs.....Maj. Laurel Tingley
- Deputy Chief.....Capt. DeJon Redd
- Superintendent.....Master Sgt. Brian Blangsted
- News Editor.....Staff Sgt. Tammie Moore
- Perspectives Editor.....Senior Airman Brandy Dupper-Macy
- Staff Writer.....Senior Airman Cat Casaigne
- Production Assistant.....Stephanie Ritter

The *Desert Airman* is published by Aerotech News and Review, a private firm in no way connected with the U.S. Air Force, under exclusive written agreement with the 355th Wing. This civilian enterprise newspaper is an authorized publication for members of the U.S. military services. Contents of the *Desert Airman* are not necessarily the official views of, or endorsed by, the U.S. Government, Department of Defense, or the Department of the Air Force. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of Defense, the Department of the Air Force, or Aerotech News and Review, of the products or services advertised. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other nonmerit factor of the purchaser, user or patron.

# AF promotes 13 majors to O5

Congratulations to the following majors who were selected for promotion.

### **Aerospace Maintenance and Regeneration Center**

James Bourassa  
12th Air Force

Alejandro Aleman, David Easterling, Jr., George McDowell and Walter Schwerin, Jr.

### **43rd Electronic Combat Group**

Patrick Keenan

### **55th Electronic Combat Group**

Paul Burrell



### **354th Fighter Squadron**

Francis McDonough

### **355th Aerospace Medicine Squadron**

Nancy Klein

### **355th Comptroller Squadron**

Cynthia Lesinski

### **355th Contracting Squadron**

Scott Benza

### **355th Operations Group**

George Krajnak

### **563rd Rescue Group**

Jed Hudson

## Airmen receive UCMJ punishment

◆ A senior airman from the 79th Rescue Squadron received a reduction to airman first class, a suspended reduction to airman basic, forfeiture of \$250 pay for two months, 45 days extra duty and a reprimand for **failure to obey an officer and for losing a building key**. These were violations of Article 92 and 108 of the Uniform Code of Military Justice.

◆ A senior airman from the 355th Component Maintenance Squadron received a reduction to airman first class and 14 days extra duty for **hitting a vehicle and leaving the scene without reporting the accident, and for asking bystanders not to report the accident**. These were violations of Article 134 of the UCMJ.

◆ An airman first class from the 355th Civil Engineer Squadron received a suspended reduction to airman, forfeiture of \$100 pay for two months and 45 days extra duty for **stealing numerous items from the base exchange**. This was a violation of Article 121 of the UCMJ.

◆ A staff sergeant from the 355th Logistics Readiness Squadron received a suspended reduction to senior airman, forfeiture of \$150

pay for one month and 15 days extra duty suspended for **writing derogatory information about two officers on a sign out board**. These were violations of Article 89 of the UCMJ.

◆ A senior airman from the 355th Equipment Maintenance Squadron received a suspended reduction to airman first class, 14 days extra duty and a reprimand for **disobeying an order given by a non-commissioned officer**. This was a violation of Article 91 of the UCMJ.

◆ An airman first class from the 355th Aircraft Maintenance Squadron was **discharged** with a general characterization for a **pattern of misconduct** supported by two Article 15s and one record of individual counseling.

*(Editors note: Information courtesy of the 355th Wing Judge Advocates Office. The same offense can result in different punishments for each offender. The offender's commander considers several factors when determining punishment, which include: the offender's service record, previous incidents, seriousness of the offense and impact on unit discipline, cohesion and morale.)*

## News Notes

### Enlisted call

There is an enlisted call Oct. 8 for airmen basic through senior airmen at 7:30 a.m. and again at 3:30 p.m. in the base theater. All E1s through E4s are required to attend one of these briefings.

### Hurricane relief effort

The 612th Combat Plans Squadron will be accepting food, clothing, toiletries and nonperishable items for Florida hurricane victims until Sunday. Donation boxes are located at the commissary, base exchange and child development centers. For more information, contact Airman 1st Class Ashanti Guinyard at 228-0599.

### Spanish Mass

In observance of Hispanic Heritage Month, the Desert Dove Chapel will be holding a Spanish Mass Sunday at 10 a.m.

### Medical Group telephone survey

The 355th Medical Group was selected to participate in a telephone survey to receive feedback about outpatient visits. Calls will be made Mondays through Fridays from 5 to 8 p.m. The caller does not have access to personal medical information nor will patients be requested to provide that information. For more information, call Staff Sgt. Judy Khamphan at 228-2919.

### Legal office services

The 355th Wing Legal Office can provide on-site legal assistance to any squadron on Davis-Monthan Air Force Base. Legal office personnel will travel to squadrons to draft wills and powers of attorney and to notarize documents. For more information regarding the various services the legal office provides, call 228-5242.

### Speakers needed

The Base Speakers Bureau is in need of military and civilian personnel who are interested in public speaking. Speakers will talk about the Air Force or their job. For more information, contact Janie McLauri at 228-5091.

### Terrorism history

Oct. 7, 1985 four Palestinian gunmen hijacked the Italian cruise ship "Achille Lauro" off Alexandria, Egypt. While off the Syrian port of Tartus, the terrorists killed a wheelchair-bound American. Egypt and Italy negotiated the return of the ship and the remaining passengers. U.S. fighters intercepted an Egyptian jet carrying the hijackers and forced it down at a NATO base in Italy.

**357** Airmen were saved from the consequences of driving under the influence by the Airmen Against Drunk Driving Program since Dec. 31.

Call AADD at **850-2233**

10 p.m. to 5 a.m. Fridays and Saturdays and 4 p.m. to midnight Sundays for a ride.

 **Emergency Numbers**

Ambulance.....	911	Base Operations.....	228-4315
Casualty Assistance.....	228-3686	Mortuary Officer.....	228-5964 or 4414
(After duty hours).....	228-3121	(After duty hours).....	228-3121
Duty Chaplain.....	228-5411	Command Post.....	228-7400
(After duty hours).....	228-3517	355th Security Forces Crime Stop.....	228-4444
Fire Reporting.....	911	Safety.....	228-5558
Public Affairs.....	228-3204	(After duty hours).....	909-0316
(After duty hours).....	228-7400	Base locator.....	228-3347
Fraud Waste and Abuse.....	228-3177	TIPS Line.....	228-TIPS (8477)



Photos by Terry Vanden-Heuvel

The 355th Wing Honor Guard forms a sword arch for Lt. Gen. William Welser, III, 18th Air Force commander, on completion of his "fini-flight" in the Air Force's last active-duty C-141B Starlifter. Brig. Gen. Mark Stearns, 12th Air Force vice commander, Col. Michael Spencer, 355th Wing commander, Col. Lourdes Castillo, Aerospace Maintenance and Regeneration Center commander, and Col. Elwood Mayberry, AMARC chief of staff, greet General Welser.

## Last active-duty C-141B Starlifters retire

By Tech. Sgt. Mark Diamond  
Air Mobility Command Public Affairs

**SCOTT AIR FORCE BASE, Ill. (AFPN)** — The last two active-duty C-141B Starlifter transport aircraft were retired Sept. 16 at the Aerospace Maintenance and Regeneration Center.

During the past 40 years, the C-141 has proven versatile for troop and cargo transport, humanitarian- and disaster-relief operations and aeromedical evacuation. As such, the Starlifter has secured an important place in history ranging from the Vietnam War through the ongoing war on terrorism.

The first C-141 Starlifter was delivered to Tinker Air Force Base, Okla., in October 1964.

"It's important to remember that although the aircraft is retiring from active-duty service, the Air Force Reserve Command will continue to fly the remaining 20 Starlifters until those aircraft are retired by the end of 2006," said Gen. John Handy, commander of Air Mobility Command and U.S. Transportation Command.

The AMC officials began transferring C-141s to Air Force Reserve and Air National Guard forces in July 1986.

"I am saddened by the departure of the C-141, but the aircraft has done a marvelous job in the hands of our great Airmen, and it's time for it to retire," the general said.

It is the total contributions of the aircrews, maintainers and other support combined with the aircraft's capabilities that have made the

C-141 so remarkable, General Handy said.

In fact, since the C-141 joined the Air Force inventory nearly 40 years ago, the aircraft has logged about 9 million miles and recorded a number of "firsts."

The C-141 was the first jet aircraft to serve as a jump platform for Army paratroopers. It was the first jet aircraft to land in Antarctica. It set a record in 1981, flying nonstop from New Jersey to Saudi Arabia, carrying 67,000 pounds of cargo and refueling in flight three times.

Of the millions of miles logged by C-141s, many were flown by crews assigned to McGuire Air Force Base, N.J. At peak strength, 60 of the 284 Starlifters in the Air Force inventory were assigned at McGuire.

McGuire has played a pivotal role in the history of the C-141, from initial air-evacuation duties in Vietnam, through its support of the Israel and Middle East peace accords, to humanitarian crises of the 1980s, and conflicts in Grenada, Somalia, Kuwait, Afghanistan and Iraq.

For more than 30 years, the C-141 was the backbone of American military airlift, said Lt. Col. Eric Wydra, 6th Airlift Squadron commander at McGuire.

"It would be safe to say that airlift 'grew-up' in the C-141," the colonel said.

He also said it was through the lessons learned and the capabilities demonstrated in the C-141 that AMC officials were able to take the next step in global mobility airlift — the U.S. Air Force's newest airlifter, the C-17



Senior Master Sgt. Thomas Kenny, 6th Airlift Squadron, McGuire Air Force Base, N.J., writes a note of remembrance on the Air Force's last active-duty C-141B, after its arrival at the Aerospace Maintenance and Regeneration Center.

Globemaster III.

(Information in this article was contributed by Airman 1st Class Dilia DeGrego. Courtesy of AMC News Service)

# Manpower, personnel offices join forces

Today the 355th Manpower Office, currently under the Wing staff, will be realigned as a new flight under the 355th Mission Support Squadron.



Staff Sgt. Tammie Moore

Master Sgt. Dayne Taylor, 355th Wing, works on a manpower project.

This organizational change is in accordance with Chief of Staff of the Air Force guidance that merges the manpower, personnel and education/training career fields under one umbrella.

The biggest peacetime benefit of the merger is improved customer service, said Maj. Carolyn Patrick, the new Manpower Flight commander. "Because manpower controls the spaces and personnel controls the faces, the two functional communities consistently work together on issues. Now commanders will have a single squadron they can look to for all their human resource-type actions."

Lt. Col. Cassie Barlow, the 355th Mission Support Squadron commander, agreed.

"There is a need for a better linkage between the two for garrison and combat support. In the past, customers with staffing needs had to work the authorization issue with manpower, and the fill issue with the military or ci-

vilian personnel flight — often becoming frustrated because they had to see two separate agencies to complete one action," Colonel Barlow said. "Now, MSS will handle both actions. In addition, the synergy we'll obtain by having manpower and personnel experts working side-by-side on personnel support for contingency operation teams will provide expeditionary commanders one focal point for their personnel/manpower combat support needs — a huge force multiplier."

The bottom line is that personnel and manpower communities both contribute to leading and managing the Air Force's most valuable resource — people. At the end of the day, this merger will streamline processes. The process will be more efficient and effective at getting the right people to the right places with the right skills at the right time.

*(Information courtesy of the 355th Mission Support Squadron.)*

## Looking for a new career?

The Air Force manpower career field currently has openings for qualified senior airmen through master sergeants.

Most Air Force bases have manpower and organization offices requiring enlisted personnel.

Airmen working at manpower receive experience, work with the highest levels of management and learn about every function in the Air Force through day-to-day association.

Airmen who maintain a minimum five-skill level, are in a balanced or overage Air Force Specialty Code, have a minimum general aptitude score of 64, are proficient in algebra and have a desire to ensure Air Force resources are efficiently used, are prime candidates for the 3U0X1 career field.

For more information, call Master Sgt. LaDine Roth at 228-5014.

## Drugs

Continued from Page 1

The methods in verifying an Airman's drug use can vary.

"As a general rule, we are mandated to practice the least intrusive and best exercise of resources," Agent Engholm said. "Some actions include: law enforcement checks, military record examinations, medical reviews, interviews, surveillance, searches and undercover operations."

"Once we have collected all the facts, received tests results and conducted interviews, we compile it all into a Report of Investigation," Agent

Engholm said. This report is provided to the service-member's commander for consideration and action. The commander confers with their chain of command and the staff judge advocate to determine the best course of action. Based on the facts in the report and the subject's history, the punishment could range from administrative action to a General Courts Martial. Throughout the entire process, AFOSI is in touch with the Action Authority and SJA.

All of these investigations, administrative actions and punishments are all in place in an effort to prevent drug use of any kind.

Eliminating drug use is vital to ensure service-members are in top condition; a key element in being prepared to deploy when called

and fight when ordered.

"Drug users harm themselves emotionally and physically, as well as endanger everyone around them," Agent Engholm said. "Drugs are not harmless. With the tight budgets and limited resources allotted to the (Air Force), we cannot tolerate the loss of life, production or resources resulting from drug use. Safety and preservation of our military order and discipline is paramount."

If you or a Wingman needs help to overcome drug use, contact life skills at 228-5507.

*(Editors note: This is part two of three in a series on the dangers of drug use. The next article will cover the medical effects drugs have on the body and mind.)*

## Recycling

Continued from Page 1

policy, barrels containing un-recyclable items will not be emptied and will be tagged with a service notice for the first and second offenses. Third time offenders will have their barrel removed, must pay \$35 to reestablish service and the housing office will contact the violators chain of command.

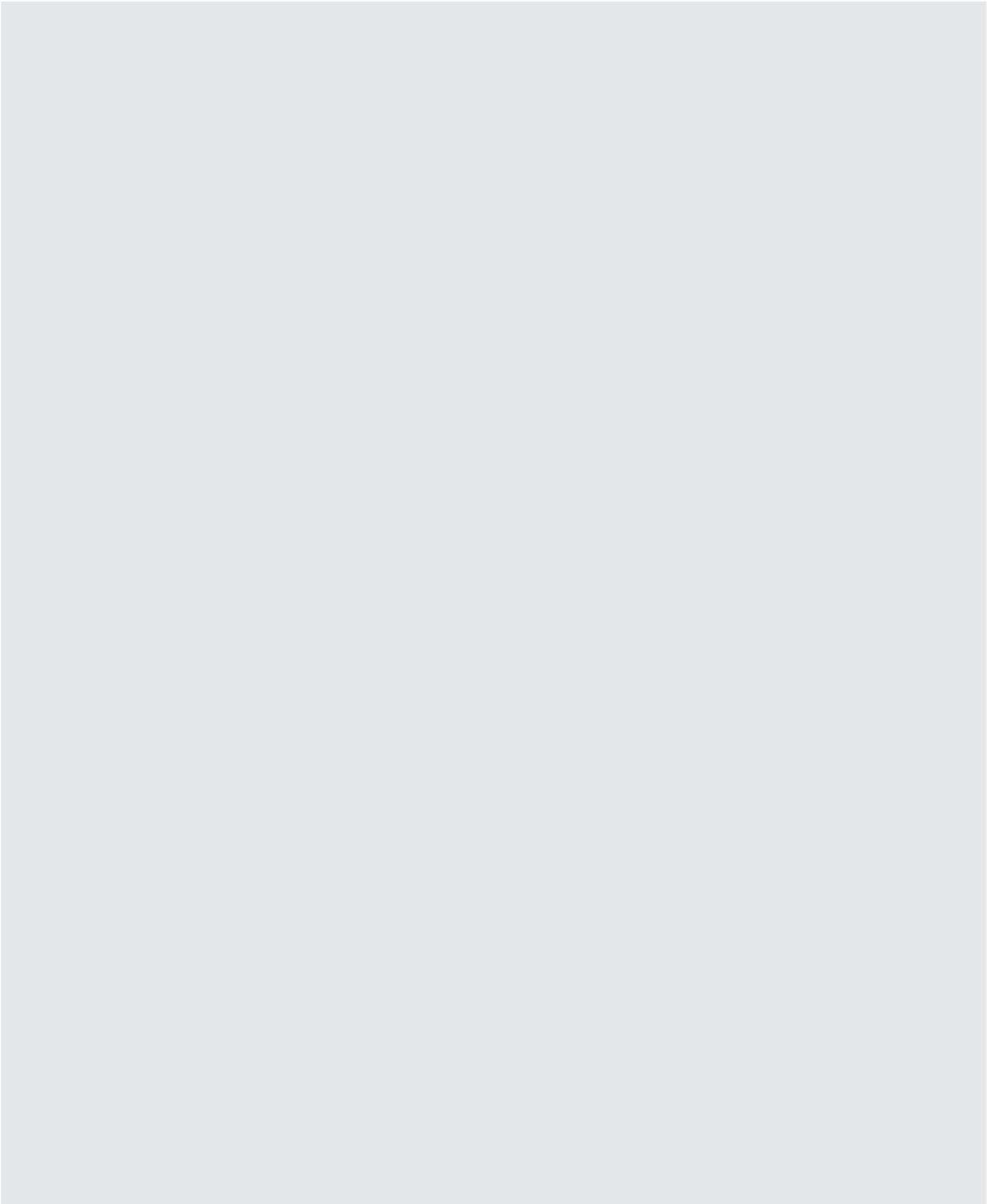
Base housing residents must

closely follow the recycling guidelines, Ms. Modica said. These guidelines are available at the housing office.

"The effort required to recycle is minimal, the environmental benefits of recycling are obvious and the positive example set for our children will have a profound impact upon the future," Ms. Modica said. "The next time you find yourself angry at environmental damage done by others, ask yourself what effort you have made toward improving our world."

### Items not allowed in on-base recycling barrels

- ◆ Garbage
- ◆ Yard waste
- ◆ Wood or lumber
- ◆ Vehicle antifreeze, used oil, used oil filters, tires or batteries
- ◆ Household hazardous waste (such as paints, pesticides, drain cleaners, fertilizers)
- ◆ Plastic bags
- ◆ Margarine or yogurt tubs
- ◆ Styrofoam or foam rubber
- ◆ Packing peanuts
- ◆ Food waste and food service items
- ◆ Carbon paper, photographic paper or blueprints
- ◆ Newspapers in plastic bags or wrapped in twine
- ◆ Window glass or ceramics
- ◆ For a complete list, refer to the recycling guidance available at the housing office.



# 563rd RQG performs open water training

Story and photos by  
Staff Sgt. Lanie McNeal  
355th Communications Squadron

Airmen from the 563rd Rescue Group showed they have what it takes to save lives as its squadrons teamed up for water survival training recently.

Airmen, including maintainers, pararescuemen, flight engineers, aerial gunners, loadmasters, radio operators, navigators and pilots, armed with an HC-130P and HH-60s flew to Naval Air Station North Island, San Diego, to train like they fight.

And they fight fast. Minutes after the HC-130P landed at North Island, it unloaded most of its passengers. The crew then took off with the 10 remaining PJs to begin their first training mission of the week.

"You really don't have time to think about what you are doing," said Senior Airman Chris Albrandt, 48th Rescue Squadron PJ. "Training and instinct automatically take over. All you think about is getting to the survivor."

During their first training mission of the week, the HC-130 crew flew a team of PJs to a drop zone six miles off the California coast. The PJs jumped out of the plane to get to the "victim." They used an inflatable boat which was also dropped in the water during their jump.



Senior Airman Brian Lilly, 55th Rescue Squadron, watches an HH-60 Pave Hawk refuel during water rescue training with D-M's rescue squadrons.

Typically, once the victim is reached, PJs must use the boat to transport the victim to land or a ship or to hold the victim until extraction by a HH-60 using a rope ladder or stokes litter, depending on the condition of the victim.

Working together is vital for the HC-130, HH-60 and pararescue squadrons because the HC-130 does not have the equipment to extract the PJs and the HH-60 does not have the fuel capacity to make long trips. Often the HC-130 will serve a dual role of dropping PJs and refueling the HH-60.

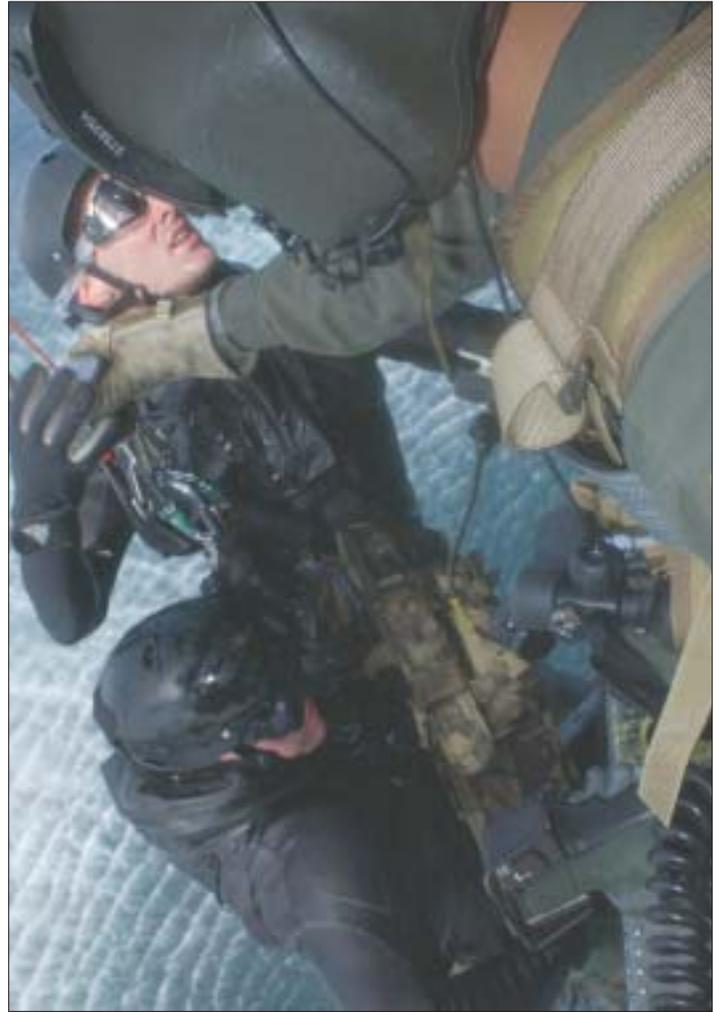
"The primary means of extraction we use is the helicopter, so this training is crucial to the mission," said Senior Airman Ski Detray, 48th RQS PJ. "In order to be ready to go on a moment's notice, we have to be ready to answer the call."

Since PJs must get to the victim as fast as possible, the HC-130 is tasked to do the drop. When water is involved, hypothermia can set in an hour or less.

"In combat rescue operations, time becomes very valuable," said 1st Lt. Steve Berger, 79th RQS HC-130 pilot. "Many times when a combat rescue is launched, the people getting rescued have injuries, are in a hostile environment, or both. This makes it necessary to get the PJs to (those needing to be rescued) as quickly as possible. Once we airdrop the PJs and their supplies, they have the ability to provide medical aid and to secure the area for extraction."

The training is something no Airman of the 563rd Rescue Group takes for granted; it ensures they are ready to fight when called.

"All the training we receive in the rescue career field means that at crunch time, regardless of who we are working with, the puzzle will fit together," Airman Detray said.



Staff Sgt. Gerry Messier, 55th Rescue Squadron, aids in guiding the hoist pulling Tech. Sgt. Matthew Wells and Senior Airman Chris Albrandt, both from the 48th Rescue Squadron, out of the Pacific Ocean. The 48th, 55th and 79th RQS worked together during water rescue training in San Diego.



Pararescuemen from the 48th Rescue Squadron head to land after leaping from a HH-60 Pave Hawk with a rescue boat during open water rescue training.

## Training with our British allies

By Senior Master Sgt.  
Teresa Campbell  
162nd Fighter Squadron

The Royal air force uses opportunities such as its deployment to Davis-Monthan to practice operations with coalition forces.

While here, the Royal air force trains with the 162nd Fighter Wing.

Training they conduct includes dropping live weapons against realistic sets of ground targets.

This training provides support teams a chance to practice deploying their forces overseas, setting up an operation and sustaining it over a specific amount of time.

The R.A.F. deploys to Davis-Monthan five times a year to receive the necessary training to remain mission ready.



Airman Veronica Pierce

Royal air force Cpl. Chris West, IX (B) Squadron, sits in the cockpit of a Tornado GR4 tightening bolts on a panel used to hold on the canopy of a Tornado from Marham Royal Air Force Base, England.

## Hispanics defending freedom

**HICKAM AIR FORCE BASE, Hawaii (AFP)**  
— From the American Revolution to the global war on terrorism, Hispanic Americans have risked and sacrificed their lives to defend freedom.

Here are just a few achievements of some of those individuals:

The Civil War's most famous Hispanic was Adm. David Farragut. His service was instrumental in capturing New Orleans and seizing control of the Mississippi River. He was the first admiral in the Navy, a rank created for him by Congress, in recognition of his contributions during the Civil War.

Loreta Velazquez was the first Hispanic female spy in U.S. history. She was a Cuban-born woman who disguised herself as a Confederate soldier and served as Lt. Harry Buford. Ms. Velazquez fought in such battles as Bull Run, Ball's Bluff, Fort Donelson and Shiloh.

Marine Pfc. Guy "Gabby" Gabaldon, a Los Angeles native, captured more than 1,000 Japanese in the South Pacific during World War II. After learning the Japanese language from his adopted Japanese family, he used it to obtain vital information on enemy positions that aided in the captures. He received a Silver Star for heroism.

*(Courtesy of Pacific Air Forces News Service).*

Dealing with stress ...

# In the midst of chaos

By Lt. Col. Gary Hurwitz  
355th Aerospace Medicine Squadron commander

In today's fast paced world, people are starting to show more and more physical signs of stress. In fact, the National Partnership for Wellness cites that "nine out of 10 health problems are directly related to stress."

The Air Force, of course, is not immune to these statistics. In fact, in addition to the daily work and family stressors the average American faces, military members have to be ready to be called into harm's way to protect our country at a moment's notice. That's a pretty significant stressor with which most civilians do not have to be concerned.

Stress can affect health in many ways. The health promotion community often quantifies these affects in lost work days.

According to U.S. Bureau of Labor statistics, civilian companies lose approximately 2.8 million workdays each year because of employee injuries and illnesses.

When that is linked to the above statistic of 90 percent of health problems being related to stress, it is easy to see how prevalent this problem has become.

Believe it or not, the U.S. ranks 43rd against other nations in terms of healthy citizens. The number one country is Japan. It spends 80 percent of its healthcare dollars on education and prevention and 20 percent on acute and chronic medical needs.

The U.S. spends 90 percent of its healthcare dollars on acute and chronic medical conditions and only 10 percent on prevention and education.

So, what can you personally do to manage the stress in your life? During high-stress and fast-paced times, it is critical to take the time to take care for yourself.

Exercise has proven to be one of the best forms of stress relief a person can do for themselves. Physiologically, when an individual is stressed, their body tenses up, their breathing becomes shallow and their mind becomes less capable of handling multiple tasks. This can result in blocking energy flow such as feeling fatigue more easily. Exercise forces deeper and more rhythmic breathing, helps the mind relax and improves circulation (decreasing feelings of fatigue).

Why is physical activity the first thing skipped when we are stressed? "Too tired, depressed or busy" are the reasons many of us use. Ironically, those are the exact things physical activity will help combat.

So what is the best type of exercise to combat stress? It all depends on each individual and how they process stress. Any activity you enjoy is the one to participate in when stress levels increase. Whether it is kickboxing, aerobics or a leisurely walk, just get out there and do it.

Weight gain can also be a problem during times of stress. During chaotic times, individuals also tend to either over eat, consume less healthy foods (like excess caffeine, chips and candy) or opt for "comfort foods" like fried chicken, macaroni and cheese or deserts.

People who get too busy skip meals then overeat the next meal. They eat things like chips and candy because it's quick, convenient and readily accessible when they have

missed a meal or are in a hurry. Or, in the case of "comfort foods," they use these because these foods invoke nostalgic feelings and take them back to a comforting past, when life was easier and others made the hard decisions affecting their lives.

Unfortunately, in all these cases, the result is usually unwanted weight gain.

To combat stress eating, plan ahead, never skip meals and drink plenty of water. If a day is going to be particularly "action packed," make sure to bring healthy foods to snack on like carrots, pretzels or fruit to get through the day. Exercise also helps curb the appetite.

Here are some additional tips to feel fit from the inside-out:

- ◆ Positive thinking will boost your self-confidence.
- ◆ De-stress yourself through deep breathing three to five times a day.
- ◆ Enhance wellness by getting regular sleep, physical activity and examinations with a primary care provider.
- ◆ Eat at least three meals a day, include a variety of food groups and closely monitor portions to ensure healthy eating and prevention of weight gain.
- ◆ Enjoy the outdoors.
- ◆ Participate in regular flexibility and strengthening exercises.

It is important to remain active and stay healthy during chaotic times. If you need assistance in starting a fitness program, balancing nutrition or managing stress, contact the Health and Wellness Center at 228-2294. They can get you started on a program that works for you.

# Final Answer How do you think we could improve the Desert Airman?



**Senior Airman  
Brad Boatman**  
25th Operational  
Weather Squadron

*"I would not change anything. The Desert Airman has everything in there I need."*



**Airman 1st Class  
Patrick Elders**  
563rd Maintenance  
Squadron

*"I would like a section that has information on events in Tucson like concerts and other local events."*



**Senior Airman  
Christopher Wilson**  
357th Fighter  
Squadron

*"I think it's fine. It already has good coverage on current and future events on base."*



**Michael Gantz**  
Spouse of Staff Sgt.  
Romana Gantz  
355th Services  
Squadron

*"I would like more sports coverage on base teams."*



**Capt. Bill Zutell**  
357th Fighter  
Squadron

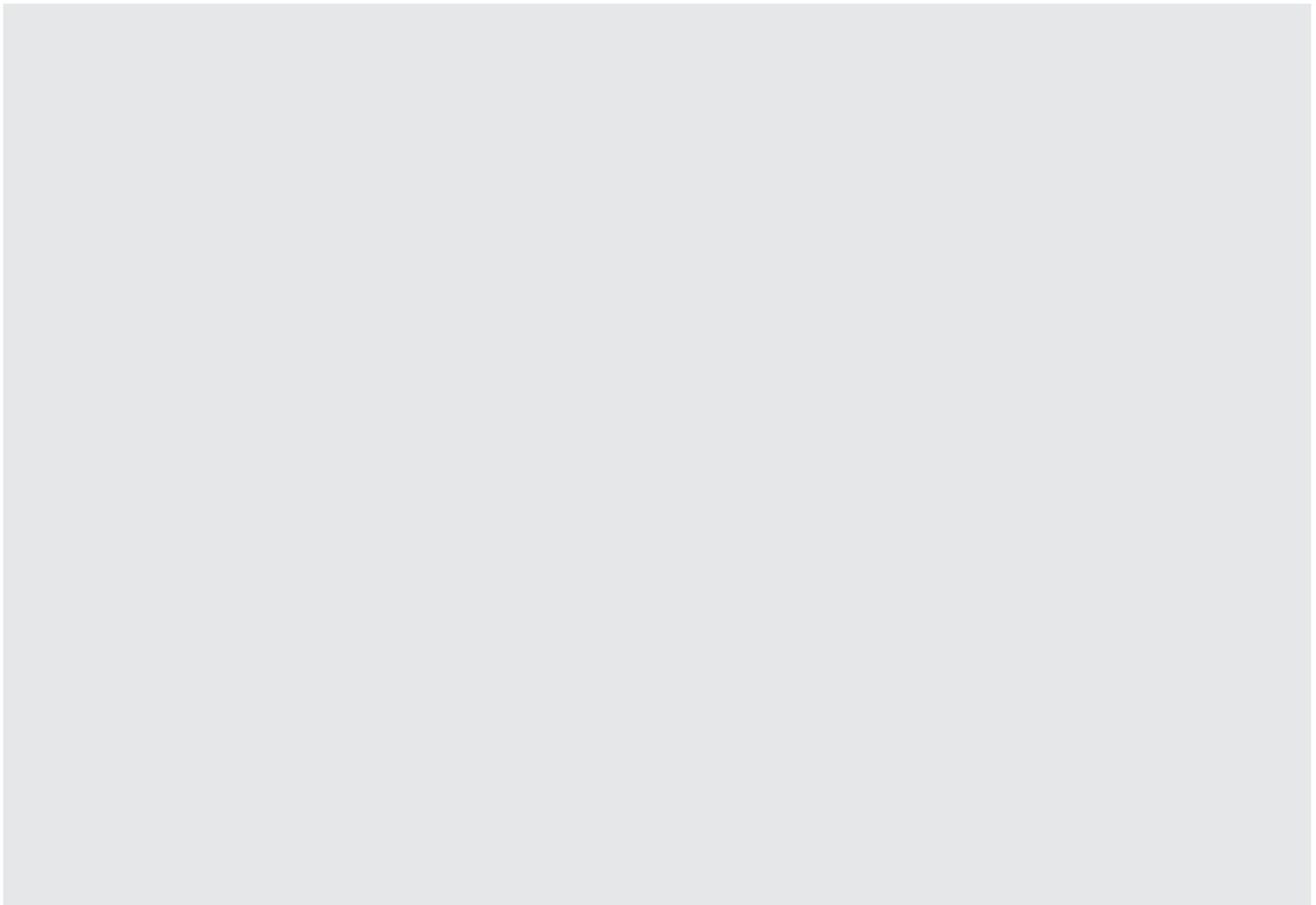
*"I would have a security forces blotter in the paper to increase general information on gate hours and crime on base."*



**(Ret.) Master Sgt.  
Hector Lozada**  
U.S. Marine Corps

*"I would have more current affairs on the Airmen overseas. I'd like to know what's going on over there."*

**(Editors note:** Next week's Final Answer question is: "How do you help your fellow co-workers stay on task?" If you would like to submit an answer for an upcoming edition of the Final Answer column, or would like to give new ideas and suggestions for the Final Answer column, contact the Desert Airman staff at [desert.airman@dm.af.mil](mailto:desert.airman@dm.af.mil) or Senior Airman Brandy Dupper-Macy at 228-5714. Volunteers who submit answers must be available to take a picture during the same week.)



# Class 04-G graduates from Airman Leadership School

Congratulations to the following Airmen in class 04-G who met all requirements and graduated from Airman Leadership School Sept. 23.

**12th Information Warfare Flight:** Carmen Contreras; **25th Operational Weather Squadron:** David Liska, Matthew Morey and Elizabeth Nastiuk; **41st Electronic Combat Squadron:** Roberto Yroz; **43rd Electronic Combat Squadron:** Alice Giannopoulos and Eric Janis; **55th Rescue Squadron:** Kristina Steffen; **305th Rescue Squadron:** Timothy Williams; **355th Aircraft Maintenance Squadron:** Jamie Copeland; **355th Civil Engineer Squadron:** Christopher Wareing; **355th Communications Squadron:** Jeffrey Hester and Andre Tyus, Jr.; **355th Component Maintenance Squadron:** James Bigas, Joe Camarillo, Kara Sampson and Kelly Wentworth; **355th Comptroller Squadron:** Maryjane Conley; **355th Equipment Maintenance Squadron:**

Melanie Adkins, Kendall Elkins, Sean Hinnenkamp, Justin Holcomb, Erik Phillips, Jr. and James Shepherd; **355th Logistics Readiness Squadron:** Christopher Melton; **355th Maintenance Operations Squadron:** Ruffin Alford, III; **355th Mission Support Squadron:** Genna Mark; **563rd Maintenance Squadron:** Keith McCarthy, Douglas McDonnel, Daniel Roth and Thomas Vankrevelen; **612th Air Combat Operations Squadron:** Christina Dietrich and Joseph Gearing, IV; **612th Air Communications Squadron:** Keya McLaughlin and Jeffrey Sarnowski; **612th Air Intelligence Squadron:** Jessica Coats and David Gribble; **612th Combat Operations Squadron:** April Jepsen and **755th Operations Support Squadron:** Jess Reeson

## Award Winners

Congratulations to the following ALS graduates who received special recognitions.

### Academic Award

Senior Airman Kelly Wentworth,  
355th Component Maintenance Squadron

### Distinguished Graduate

Staff Sgt. Jessica Coats,  
612th Air Intelligence Squadron

Staff Sgt. Jess Reeson,  
43rd Electronic Combat Squadron

Senior Airman Kristina Steffen,  
55th Rescue Squadron

### John Levitow and Leadership Winner

Senior Airman Jonathon Liska,  
25th Operational Weather Squadron

## Special Olympics Pima County 2004 Area Bowling Competition seeks volunteers

The Special Olympics bowling competition needs volunteers Oct. 28, 29 and 30 to assist with monitoring the lanes, scoring,

distributing lunches and more at the Fiesta Lanes. For more information, or to volunteer, contact William Anderson at 228-2033.



## Sonoran Spotlight

*(Editor's note: Sonoran Spotlight is a weekly feature of the Desert Airman that profiles a member — officer, enlisted or civilian — of the Davis-Monthan Air Force Base.)*

*This week's Sonoran Spotlight is Staff Sgt. Nicholas Jewett of the 43rd Electronic Combat Squadron. Sergeant Jewett is a life support technician. According to his first sergeant, Master Sgt. Paul Myers, he was nominated for the spotlight because he, "consistently displays a sharp, can-do attitude."*

*The following are Sergeant Jewett's responses to a variety of questions.*

**Hobbies, outside activities:** I enjoy motorcycle riding, PC gaming, paintball, bowling and traveling.

**If you were an Air Force recruiter, what would you tell people about the Air Force?** If you don't know what you want to do in life or where you're going, just serve an enlistment. Set your goals high, carry a positive attitude and I guarantee you will know what you want to do when you're finished.

**What is the best advice you've received in the Air Force?** Show initiative and put forth the effort to learn everything about your job because someday you will be in a supervisory position and your troops will look to you for advice.



Senior Airman Brandy Dupper-Macy

**What is your most memorable moment in the Air Force?** Getting an incentive ride in a F-15D and pulling 8.2 Gs.  
**Name someone who inspires you (or who you admire):** I admire anyone who has given their life for this country.

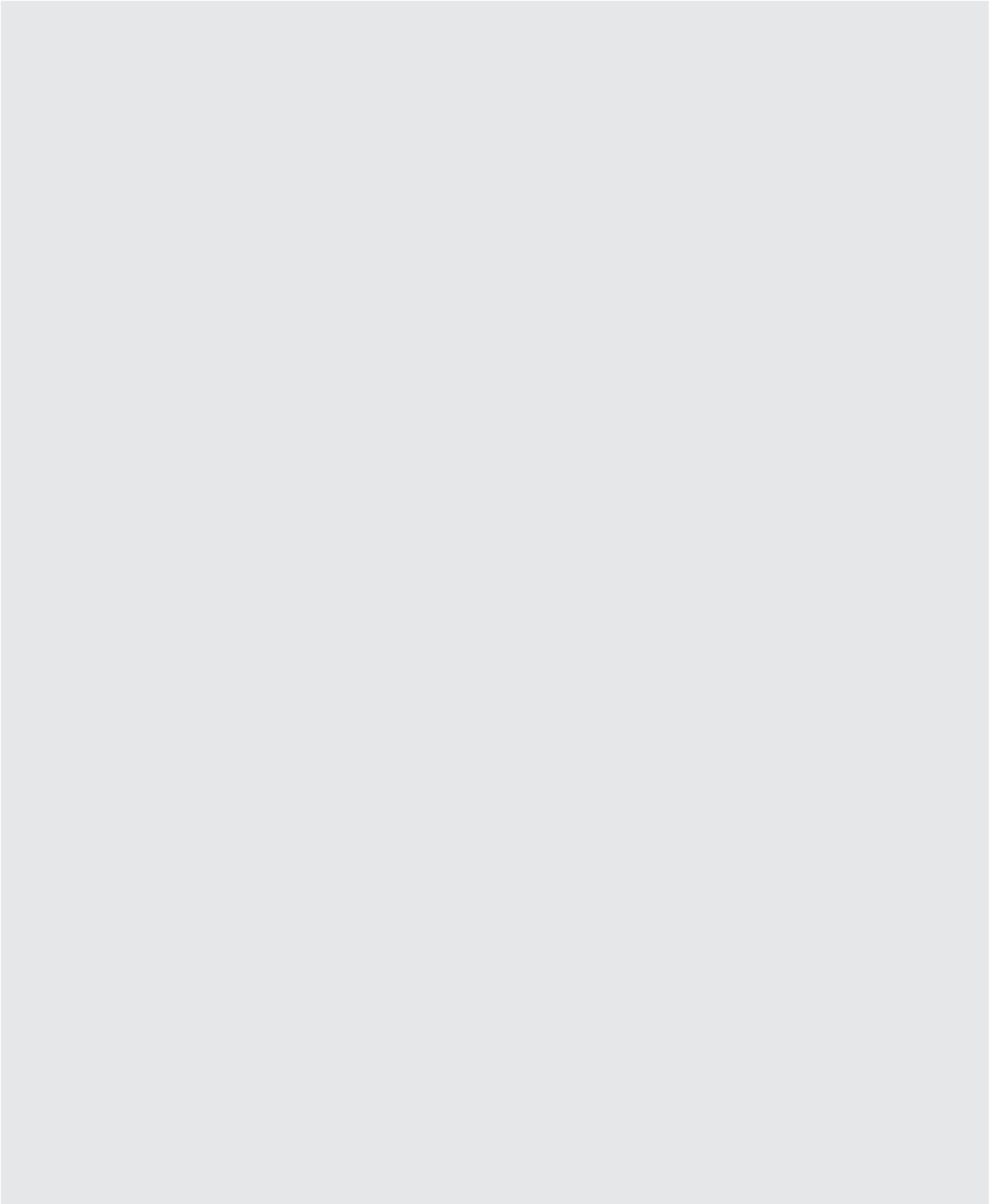
### Commander's shadow for a day



Staff Sgt. Lanie McNeal

*Senior Airman Harry Ablanalp (left), 355th Component Maintenance Squadron, speaks with Col. Michael Isherwood, 355th Wing vice-commander, about what he will be participating in for the day as part of the commanders shadow-for-a-day program.*

The commander's shadow-for-a-day program focuses on developing and nurturing Airmen and targets senior airmen and below. The Airmen selected 'shadows' the commander (or acting commander) and the wing command chief throughout the day observing how the base operates first hand.





Photos by Airman 1st Class Christina Kinsey

Airman 1st Class Bruce Schwartz, D-M Honor Guard, participates in the Prisoners of War/Missing in Action remembrance ceremony at the Air Force Ball Saturday. Air Force members and the Tucson community joined together to enjoy a night of fun and tradition to celebrate the Air Force's birthday.

# Air Force Ball

*Celebrating the Air Force's 57th birthday, tradition*

(Right) Col. Michael Spencer, 355th Wing commander, presents Dorothy Hunt Finley with an Air Force level Zachary and Elizabeth Fisher Distinguished Civilian Humanitarian Award at the Air Force Ball Saturday. Colonel Spencer also announced that Ms. Finley won the award at the Department of Defense level.



(Above) (From left to right) (Ret.) Lt. Col. William Hofacker, Army Air Corps, (Ret.) Chief Master Sgt. Carl Beck, Army Air Corps, Airman 1st Class Kyle Strickland, 355th Communications Squadron, and Lt. Gen. Randall "Mark" Schmidt, 12th Air Force commander, cut the first piece of cake Saturday at the Air Force Ball. The Air Force Ball's theme was "Yesterday's History Soars into Tomorrow's Future," celebrating the Air Force's history and the future.



(Left) Davis-Monthan Airmen, family and community members enjoyed live music provided by the Air Force Band of the West at the Air Force Ball Saturday.

# Honoring Hispanic-American History

By 1st Lt. Tony Wickman  
Alaskan Command Public Affairs



(Solutions for this week's crossword puzzle are located on Page 24.)

**Across**

- 1. Mexican-American U.S. Secretary of Transportation and Energy
- 5. 1959 Spanish-American Nobel Prize winner in medicine, physiology
- 9. First person
- 12. Allow
- 13. Musical group \_\_\_ Na Na
- 14. One of the 5 Ws
- 15. Inlet
- 16. Of the ocean below 6,000 meters
- 17. Shakespeare's play *King* \_\_\_
- 18. Mock
- 19. Own
- 20. Mil. abbreviation for information gathering and observation
- 21. Concise
- 23. Bolivian educator who fought for equality; *Stand & Deliver*
- 27. "Queen of salsa;" Cuban singer Celia \_\_\_
- 28. \_\_\_ *Abner*

- 29. Promotions
- 30. Acquit
- 33. Massed closely together
- 35. Bridge
- 36. Florida school, short
- 38. Internet provider
- 39. Alaska city
- 40. Sphere
- 42. Compass dir.
- 43. Puerto Rican actress is one of two to win Tony, Grammy, Emmy, Oscar
- 45. Luxuriant
- 47. Alt. to street
- 48. Explosive
- 49. Type of plane
- 50. Assistant
- 51. Snakelike fish
- 52. Singer Braxton
- 53. Org. that governs Olympic Games
- 55. Italian-born fashion designer Schiaparelli
- 57. Soon
- 58. Everything
- 59. \_\_\_ Alamos, NM
- 60. Nothing more than
- 61. Supreme Greek god

- 62. Abided by
- 63. \_\_\_ Francisco, Calif.

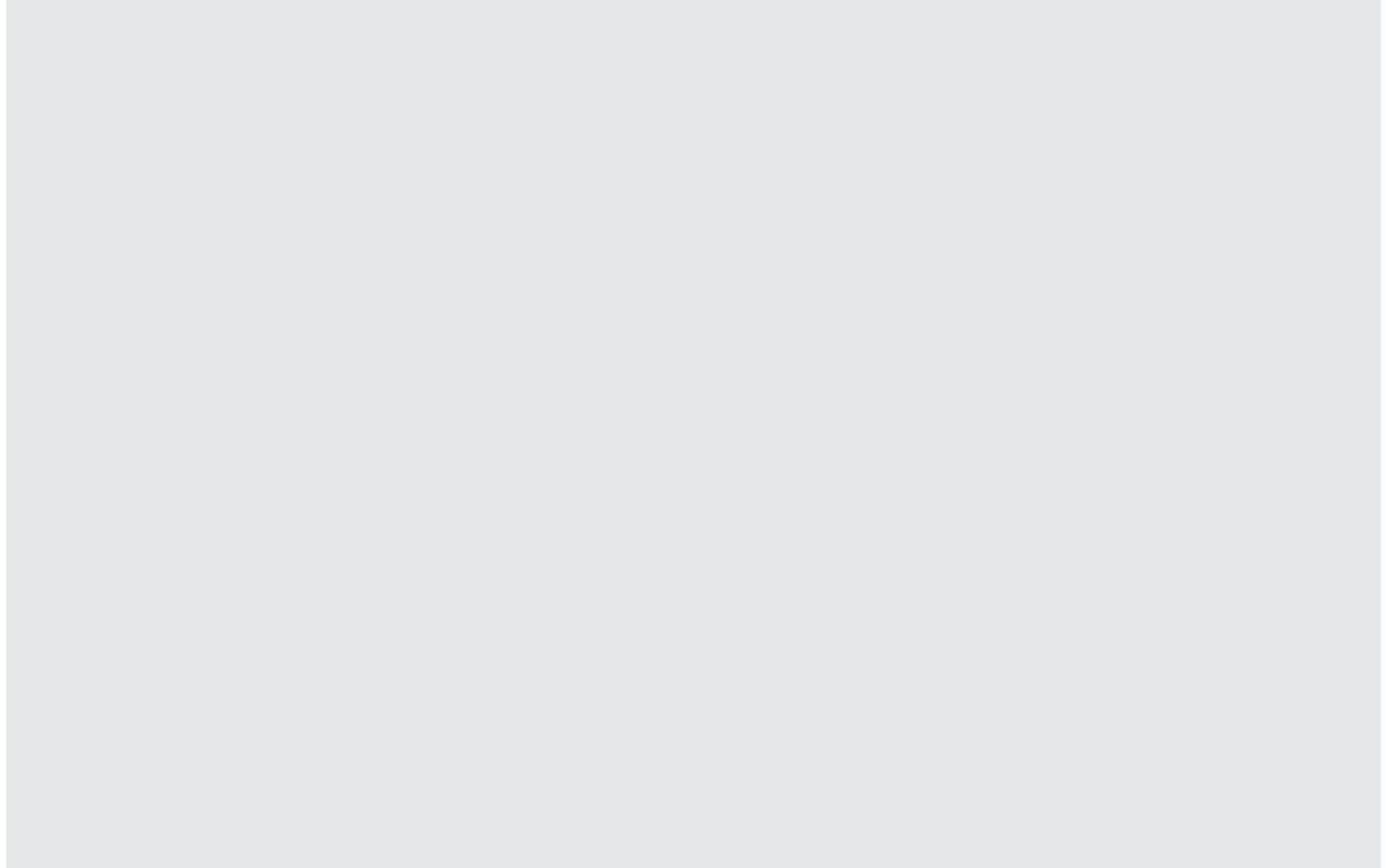
**Down**

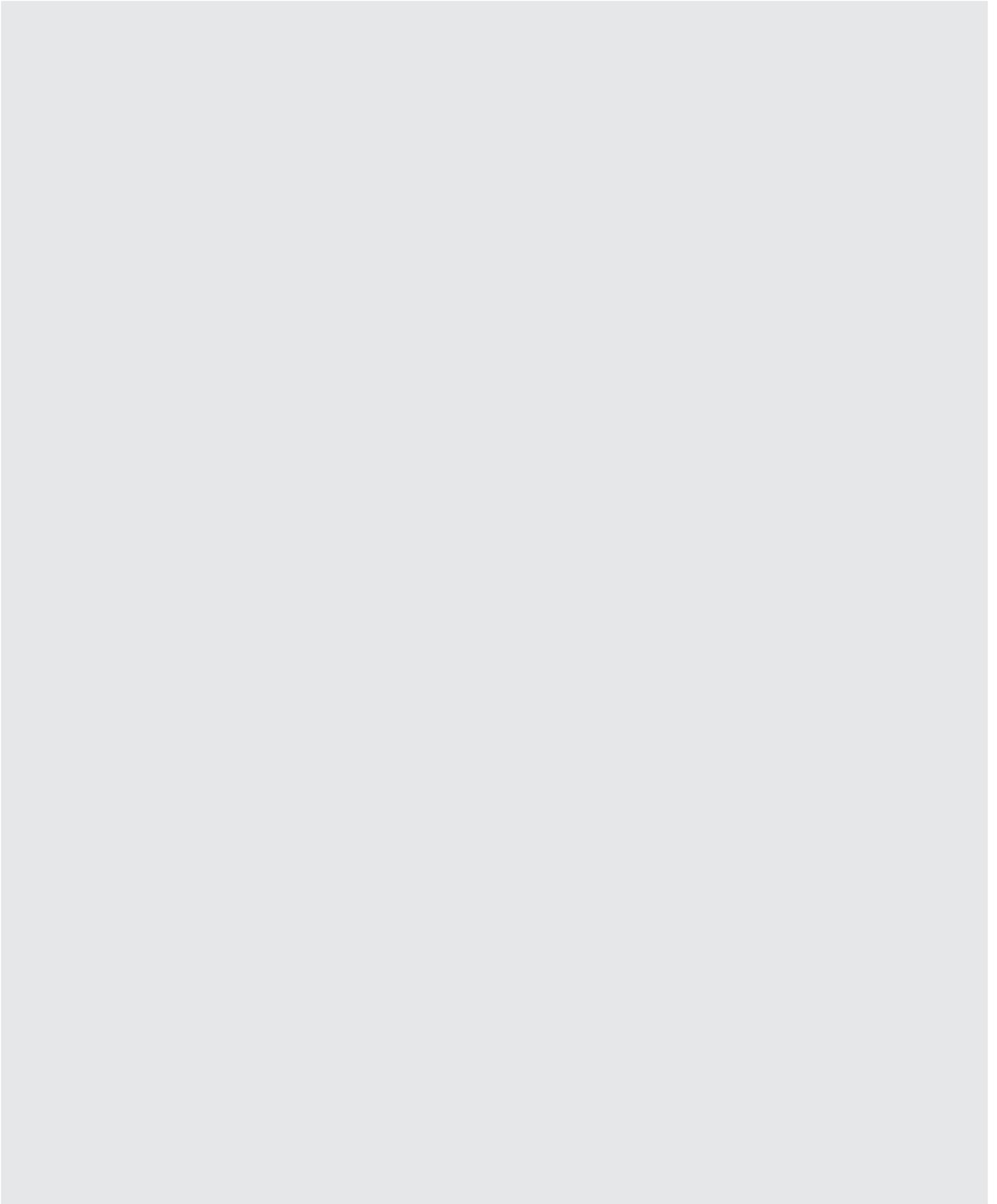
- 2. Run off, as in marriage
- 3. Definitive "no!"
- 4. Dined
- 5. Safety org.
- 6. Mexican-American founder of United Farm Workers of America
- 7. Greek underworld
- 8. Auger
- 9. Popular form of Latin-American dance music
- 10. Forever
- 11. Cuban American playwright who has won 6 Obie Awards
- 15. Feline
- 19. German mister
- 20. Infections
- 22. Racket
- 24. First Puerto Rican baseball player to be named MVP
- 25. Aboriginal of Japan
- 26. Mil. acronym for

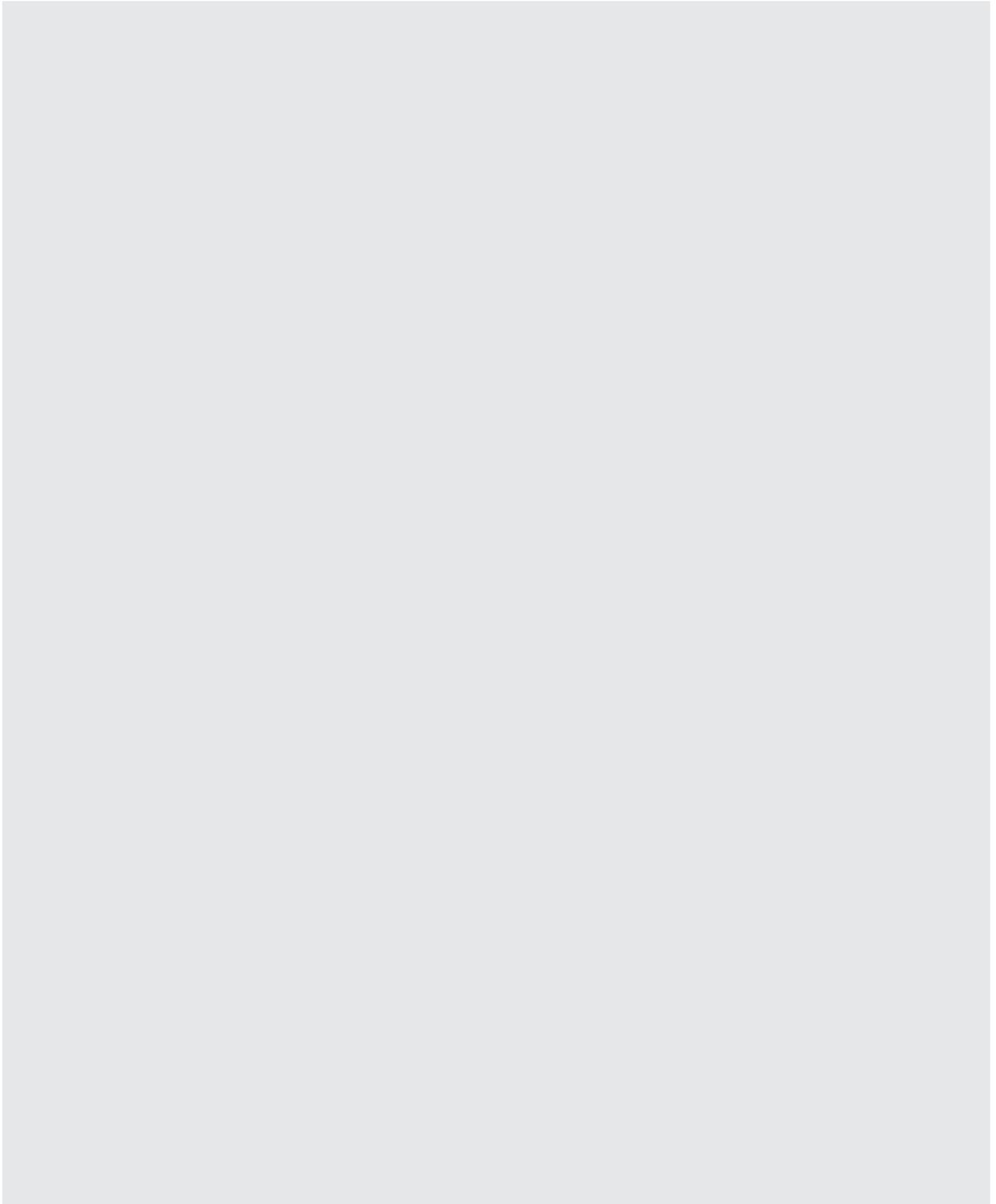
- temporary assignment
- 30. First Costa Rican-American astronaut
- 31. Noted Cuban-American composer and conductor Tania \_\_\_
- 32. Fashion magazine
- 33. British title for woman
- 34. British title for man
- 36. Golf shout
- 37. First Cuban-American woman elected to Congress; Ros-\_\_\_
- 39. First Puerto Rican, and woman, to become U.S. Surgeon General
- 41. First Cuban-American ballet dancer to win Gold Medal
- 43. Earned
- 44. Connected, Internet
- 46. Spanish lady
- 50. Org. concerned with individual rights
- 51. Relieve
- 52. \_\_\_ o'shanter; hat
- 54. Bullring cheer
- 56. Cry

 Get 100 free paintballs when you rent two paintball packs at D-M's Paintball Range. Desert Lightning Freebies

Limit one coupon per customer. Expense to GLAC 752A5. Expires Oct. 7, 2004.









Courtesy photos

Master Sgt. James Kelly, 355th Civil Engineer Squadron, celebrates as he crosses the finish line of a 10 mile race at Davis-Monthan Air Force Base.



(Above) Runners participate in the 10 mile race of the Davis-Monthan Marathon Prep-Series. The Prep Series is designed to help individuals prepare in a competitive environment for a full marathon.

### Marathon Prep-Series

The Davis-Monthan Fitness and Sports Center has been using a series of six races to help individuals get ready to run a full marathon this winter. The main goal is to get people ready for the Holualoa Tucson Marathon and Bobbi Olson Half-Marathon, Dec. 5. The prep-

series allows participants to train in a competitive environment. Races started with a 5K Aug. 28 and steadily increased with a 10K Sept. 5 and 10 miles Sept. 19. There will be a 13 mile run Sunday, 16 miles Oct. 24 and 20 miles Nov. 14.

The first place winner of the 10 mile race for the women was

Veronica Rudolphi with a time of 1:12:30, second place was Cynthia Schnell with a time of 1:22:11 and third place was Tracy Thompson with a time of 1:30:55.

For the men, in first place was Robert Barron with a time of 1:13:43, in second place was Luis Figueroa with a time of 1:14:35 and in third place was Lee

Amerson with a time of 1:15:23.

Those interested in cheering on runners for the 13 mile race are encouraged to do so. The start time is 6:30 a.m. at the fitness and sports center. For more information regarding the D-M Marathon Prep-Series, call Senior Master Sgt. Kenneth Ramey at 228-0022.

## Sports Shorts

### D-M Paintball Range

Test your paintball skills at the D-M Paintball Range during the weekends. Two fields are available for a price approximately \$5 less than off-base ranges. The paintball range is located off Yuma Road by the old archery range and is open Saturdays from 7 a.m. to noon. Packages start at \$20 and include everything needed for paintball fun. For more information, call 228-3736.

### Lifeguard needed

The 355th Services Squadron's Outdoor Recreation Activity has a position open for a Lead Lifeguard at the Outdoor Recreational Pool. Interested parties should stop by the Services Human Resources Office in Building 3510, Room 127 for more information or applications. They can also get information online at [www.dmservicesonline.com](http://www.dmservicesonline.com) under employment opportunities. The Human Resources Office is open from 9 a.m. to

3 p.m. Monday through Friday. Appointments are available. For more information, call 228-2408.

### Lady-Niners looking for players

Women who have Wednesday mornings free and would like to have some fun and get some exercise are invited to join the Lady-Niners golf league. The league has tournaments, luncheons and plenty of laughs to keep their participants busy. All skill levels are welcome. For more information, call Mary Pat Sullivan at 749-4812.

### Base pool hours of operation

The base pool hours of operation are Tuesdays through Thursdays from noon to 7 p.m. and Fridays to Sundays from noon to 5 p.m. The pool is closed Mondays. In addition, Airmen can book private pool parties and events for Friday, Saturday and Sunday evenings from 5 to 10 p.m. For more informa-

tion, or to book a party, call 228-3759.

### Golf course over-seeding

Due to annual over-seeding, the Blanchard Golf Course will be open for nine holes only until Oct. 22. The course will reopen for 18 holes Oct. 23. The course will have special opening dates during the Columbus holiday and will be open for 18 holes Oct. 9, 10 and 11. Eagles Nest patrons will still be able to enjoy breakfast, lunch and daily specials at the course's restaurant. The grill opens at 5:30 a.m. and closes at 3 p.m. For more information, call 228-3734.

### D-M Swim Team

The 355th Services Squadron's Outdoor Recreation Activity is looking into forming a swim team for children ages 5 to 18 years. Interested parents should contact Billy

See *Sports Shorts*, Page 20

## Sports Shorts

Continued from Page 19

Vinueza at the Outdoor Recreational Pool at 228-3759.

### Football Frenzy

It's Sunday morning and your favorite team is not playing on network television. What's a die-hard football fan to do? Come out and have a great time with friends this Sunday at The Desert Oasis Enlisted Club for Sunday Football Frenzy, featuring National Football League Sunday Ticket. Watch up to six different NFL games every week on multiple screens including two big screens. Enter to win Football Frenzy NFL trips or a plasma television from Air Force Clubs. Doors open at 9 a.m. Enjoy drink specials and 25 cent hot wings. Try a breakfast from the Eagles Nest restaurant or order a pizza, sub or side from Cabanas restaurant starting at noon. For more information, call 228-3100.

### Fantasy Island bike ride

The Davis-Monthan Community is invited to join outdoor recreation for a trip on the Fantasy Island bike trail Nov. 27. This is a 12 to 14 mile trail ride rated by bikers from all

around the U.S. as one of the best trails in Tucson and throughout Arizona. The terrain is mostly flat with rollercoaster hills throughout making it a favorite for beginners and experienced riders alike. The cost is \$35 and includes front suspension bikes and a guide. For more information, call 228-3736.

### Ski trip

Outdoor recreation has a ski trip to Sunrise, Ariz. Dec. 17 to 19. The resort in the White Mountains has 10 lifts and 65 runs. Participants will stay at the Sunrise Park Resort, which offers not only rooms but two restaurants, a lounge, a gift shop, a pool, whirlpools, a sauna and a game room as well. The cost is \$270 and includes two nights lodging and a two day lift ticket. Participants will be responsible for renting or taking care of their own skis. For more information, call 228-3736.

### Archery Range, Trap & Skeet Range

The D-M Archery Range and Trap & Skeet Range are available to all active duty, dependents, Department of Defense civilians and retirees. The Archery Range is co-located with the Paintball Range off of Yuma Road. Anyone wishing to use the Archery Range may check out the key from outdoor recreation during their regular weekday hours.

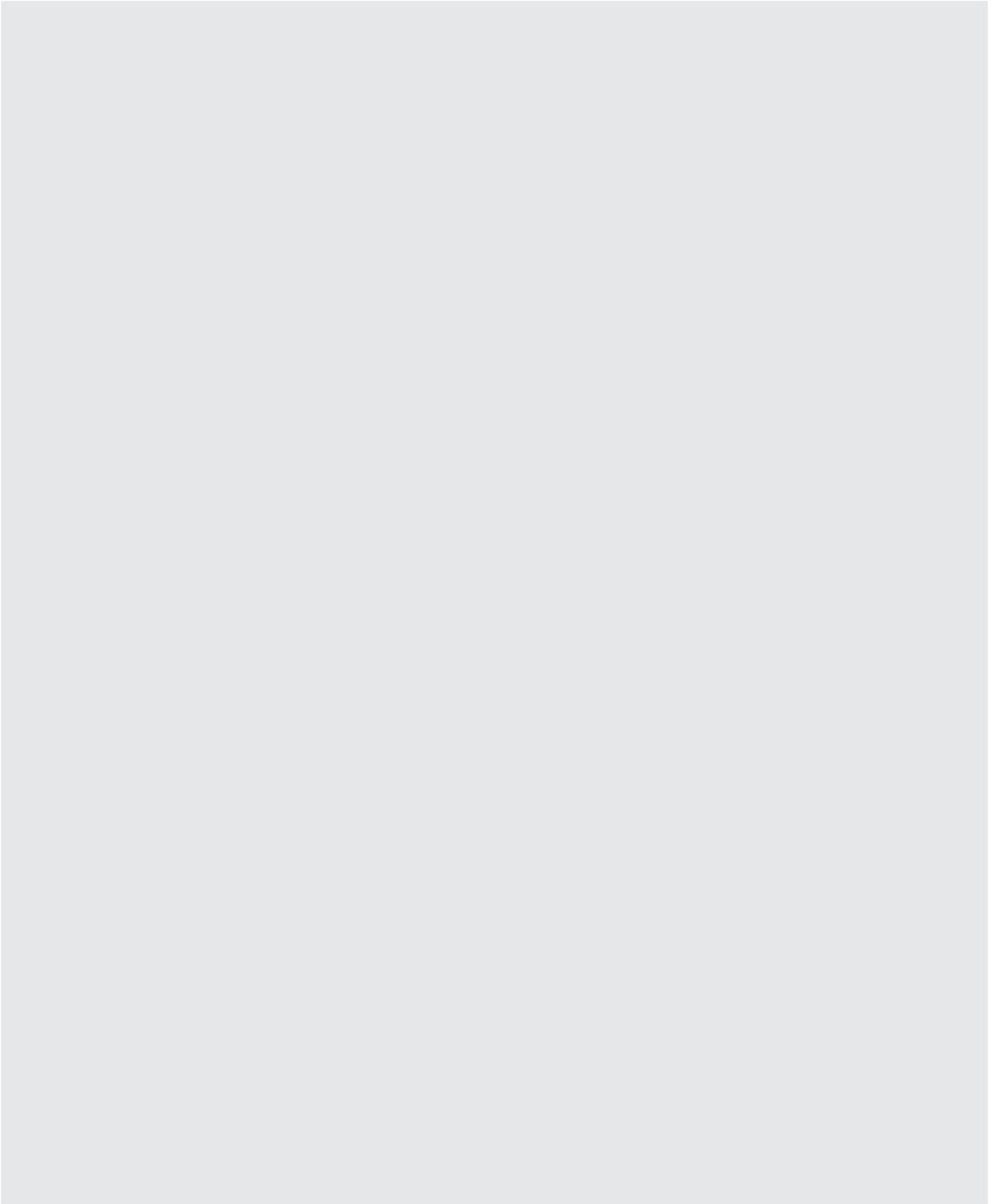
The Trap & Skeet Range is open Saturday and Sunday from 8 a.m. to noon. The cost is \$4 per round, which includes 25 clay pigeons. The Skeet Range is located at the end of Yuma Road at the firing range. For more information on either activity, contact outdoor recreation at 228-3736.

### Fishing and hunting licenses

Outdoor recreation has Arizona fishing and hunting licenses available. The following prices are state regulated: Fishing: State: \$18. Urban: \$16. Two-pole stamp is an additional \$4 and trout stamp is an extra \$10.50. Hunting: \$25.50. Deer tag (archery): \$17.50. Combo: \$44. The combo includes fishing license and trout stamp. For more information, call 228-3736.

### Operation Night Hoops

The Davis-Monthan Youth Center will host Operation Night Hoops until Oct. 15. The program incorporates basketball skills and tournament play, with life skills workshops before or after the games. Last year over 60 teens participated in the program. Downtown teams are also invited to attend. The program fee is \$10 per person for teens 13 to 18 years. For more information regarding Operation Night Hoops, call the youth center at 228-8844.



## Chapel Information

Services and activities offered by the D-M chapel are listed below. For more information on Jewish or Muslim services; Sunday School programs; Vacation Bible School; Bible studies; youth groups; and ministries, call 228-5411.

### Catholic Mass schedule

**Saturday:** Mass is at 5 p.m., Sacrament of Reconciliation is at 4:30 p.m. at Desert Dove Chapel.

**Sunday:** Mass is at 7:30 and 10 a.m., Sacrament of Reconciliation is at 9:15 a.m. at Desert Dove Chapel.

**Daily:** Mass is at 11:30 a.m. at Hope Chapel. Rosary begins at 11:10 a.m. at Desert Dove.

### Protestant Services schedule

**Sunday:** Contemporary Service is at 9:45 a.m. and Gospel Service is at 11:15 a.m. at Hope Chapel. Traditional Service is at 11:15 a.m. at Desert Dove Chapel.

### Working Women's Power Hour

All civilian or active duty women working on D-M are invited to the Working Women's Power Hour. Sponsored by the Protestant Women of the Chapel, the Power Hour is a time of lunch and fellowship with a short, uplifting devotion. The Working Women's Power Hour is every Thursday from 11:30 a.m. to 12:30 p.m. at The Mirage Officers' Club in the Saguaro Room. Those wanting lunch can buy it at the club before joining the group for the power-packed event. Call Cindy Scott at 514-1031 to make a reservation two days prior to the event.

## Education Services

### LEAD Program Phase One

The Leaders Encouraging Airman Development Program delegates authority to unit and wing commanders to nominate highly qualified Airmen to attend the United States Air Force Academy Prep School with the intention of academy appointment to follow. Fifty slots are reserved for Airmen who meet entry criteria. Applicants must submit a pre-candidate questionnaire online at [www.academyadmissions.com](http://www.academyadmissions.com) by Dec. 31 and an Air Force Form 1786 by Jan. 31. For more information, call Phil King at 228-3812 or Rafael Maldonado at 228-3484.

### United States Air Force Academy

The U.S. Air Force Academy has 85 direct entry slots reserved for Airmen who are eligible and meet entry criteria. Applicants must submit a pre-candidate questionnaire at [www.academyadmissions.com](http://www.academyadmissions.com) by Dec. 31 and an Air Force Form 1786 (application for appointment to U.S. Air Force Academy) by Jan. 31. For more information, call Phil King at 228-3812 or Rafael Maldonado at 228-3484.

### D-M National Test Center

Pima Community College's first National

Test Center opened today at D-M. Initially, the testing center will only offer 35 College Level Examination Program Electronic Computer Based tests. Tests are free for active-duty Airmen. Dependents, retirees and civilians can take the tests by paying a \$50 test fee and a \$20 administrative fee for each test. The National Test Center is in Building 3200, Room 252. Hours of operation are Monday, Wednesday and Fridays from 9 a.m. to noon and Tuesday and Thursday from 1 to 4 p.m. To schedule a CLEP exam, call 206-4866.

### Changes to DANTES Test Center

Starting today, the Military Defense Activity for Non-Traditional Education Support Test Center will no longer provide the 14 paper-based College Level Examination Program tests previously authorized. DANTES has directed all CLEP exams to be provided by the National Test Center. The Military DANTES Test Center will still provide the DANTES Standardized Subject Tests, Excelsior tests, certification testing and Air Force Institute of Advanced Distributed Learning tests. For more information, call Marie Hanna at 228-0669 or Phil King at 228-3812.

## Family Support Center

### Smooth Move Briefing

There is a Smooth Move Briefing Wednesday from 8 to 11:30 a.m. in Building 3200, Room 266. This briefing helps individuals prepare for their next permanent change of station assignment. For more information, or to make reservations, call 228-5690.

### Time For Tots

The next Time for Tots is Wednesday from 9:30 to 10:30 a.m. at the Desert Dove Chapel. Come and meet other parents while the children enjoy fun and activities. For more information, call 228-5690.

### Right Start Base Orientation

Right Start Base Orientation is designed to welcome all newcomers to Davis-Monthan. Leadership and base agencies discuss a variety of programs and available services. The next orientation is Oct. 12 from 8 a.m. to 4 p.m. at The Mirage Officers' Club. Free childcare is available but must be arranged ahead of time. For more information, or to make reservations, call 228-5690.

### Sponsorship Training

To learn how to make a great first impression for new members assigned to base, attend the D-M Family Support Center's Sponsorship Class Oct. 13 from 8 a.m. to 9 a.m. in Building 3200, Room 266. This class is required for sponsors, covers effective sponsorship and offers useful resources and information. To sign up, call 228-5690.

## Happenings

### Nam Jam Outdoor Concert

The 17th Annual Nam Jam Outdoor Concert is Oct. 24 at Gene C. Reid Park's DeMeester Outdoor Performance Center from 9:30 a.m. to 6 p.m. The park is on 22nd Street and Country Club Road. Admission and parking are free. There will be live entertainment, carnival games and a beer tent. Food, refreshments and military and prisoner of war memorabilia will be available for purchase. All backpacks and closed containers will be inspected. Carry-in alcohol, illicit drugs and weapons are not allowed. For more information, call 520-799-2682.

## Movies

Movies begin at 7 p.m. unless otherwise noted. Admission is \$3 for adults and \$1.50 for children under 12 and senior citizens. Admission is for DoD ID card holders and their guests only. For the theater movie recording, call 228-5694.

### Friday: Yu-Gi-Oh (PG)

After the conclusion of the Battle City Tournament, deep below the sands of Egypt, an ancient evil has awakened. Anubis, who was defeated centuries ago by Yugi's mysterious alter ego has returned for revenge. Wield-



ing the power of the Eighth Millennium Item, Anubis plans to destroy Yugi and take over the world. 1 hour, 30 minutes

### Saturday: Princess Diaries 2: The Royal Engagement (G)

After getting over the revelation that she is a princess and part of the royal family of the obscure nation of Genovia, American teenager Mia heads to the actual country she represents with her best friend. As she learns the job of being a country's future ruler, one challenge she's

having a hard time dealing with is the prospect of being set up in an arranged marriage. 1 hour, 55 minutes



### Sunday: Collateral (R)

Max is a failed comedy writer living in Los Angeles who makes a living as a cab driver. This movie focuses on one very tumultuous day for Max, as he figures out that the fare he's been driving around all day is a contract killer, committing a series of hits. Now, it's



up to him to somehow stop the killer from executing the last witness ... as well as himself. 1 hour, 56 minutes



Stephanie Ritter

(Right) Tina Vander-Heyden, spouse of retired Tech. Sgt. Steven Vander-Heyden, comforts her dog, Baby, as (center) Army Specialist Angela Hodge holds her paw so Dawn Chalmers can draw blood for a heartworm check. Specialist Hodge and Ms. Chalmers are with the D-M Veterinary Treatment Facility. Heartworm checks are just one of the preventative treatments the clinic provides.

### Increase in vet clinic fees

Effective today, the Davis-Monthan Veterinary Treatment Facility will now charge an exam fee. This change is from Veterinary Command and will be implemented at Fort Huachuca Veterinary Treatment Facility as well. The \$10 exam fee is a per animal charge for examinations by the veterinarian and is in addition to the \$2 user fee which applies to all visits. This fee is also in addition to any other charges that may apply at the time of a

visit. According to the clinic, one of the reasons a charge had to be applied is many facilities employ civilian veterinarians. These doctors must be paid and without an examination fee it is difficult to budget for their salary. Health certificate appointments for permanent change of station assignments will remain free but a copy of orders must be supplied to the clinic. For more information regarding this change in policy, or to make an appointment for a pet, call 228-3529.

## Services Activities

### Congressional Awards Program

The Congressional Award is a public partnership created by Congress to promote and recognize achievement, initiative and service in America's youth. The CAP provides a unique opportunity for young people to set and achieve personally challenging goals that build character and foster community service, personal development and citizenship. This program is open to all youth ages 14 to 23 years, military or civilian. Participants may earn Bronze, Silver or Gold Congressional Certificates and medals. Each level involves setting goals in the following program areas: volunteer public service, personal development, physical fitness and expedition/exploration. Each level requires a minimum number of hours and is carried over to the next level. For more information, those 14 to 17 years can call the youth center at 228-8844 and those 18 to 23 years can call the community center at 228-3717. Informa-

tion is also available at [www.congressionalaward.org/congress](http://www.congressionalaward.org/congress).

### German Oktoberfest

There is a German Oktoberfest at The Mirage Officers' Club Oct. 10 from 5 to 9 p.m. Enjoy German food while listening to the Rusty Greer Band featuring Hildegard. There will be plenty of fun and prize giveaways throughout the evening. The cost is \$14.95 and members receive a \$2 discount. Cost for children ages 6 to 12 years is \$5.95. The event is free for children 5 years and under. For more information, call 228-3301.

### Pumpkin search, corn maze trip

Join Information, Tickets and Travel as they head just west of Tucson to Buckelew Farms for a pumpkin search and corn maze trip Oct. 16. Draft horses will pull wagons into the pumpkin patch where participants can search for the perfect pumpkin. The wagons will then return to the tent area after selection is complete. Local youth will assist with the unloading and weighing of

the pumpkins and then help transport them to the ITT van. The pumpkins are 20 cents per pound. A variety of gourds will also be for sale. Additional festivities include the challenge of the farm's 11-acre "Headless Horseman" Corn Maze, browsing through the arts and crafts tent and feeding the animals in the 4-H petting zoo. The little ones can even take a pony ride. This year's Corn Maze design includes more than four miles of trail winding through 11 acres of corn field. It requires approximately two hours to complete. A total of 12 checkpoints are contained within the maze to serve as a guide and help participants gauge their success. Cost for the event is \$15 and includes transportation and parking only. Prices for the events vary. For more information, call 228-3736.

### Old Tucson Fright Night

There is a trip with Information, Tickets and Travel to Old Tucson Studios for their Fright Night Oct. 22. This frightful event was developed in the spirit of Nightfall and inhabits Old Tucson's historic streets during the month of October. Fright Night features family oriented musical and comedy shows as well as surprises to keep even the most fearless visitors on their toes. Cost for the trip is \$15 and includes transportation only. Admission into Nightfall is \$17.95 for adults, \$14.95 for children ages 4 to 11 years and free for children 3 years and younger. For more information, call 228-3736.

### Fall West Fest

This year's Fall West Fest is Oct. 30 at the Davis-Monthan Youth Center. Included in the event is the 2004 Family and Teen Talent Show. Tickets for the Fall West Fest are \$5 and include activities like carnival games, make-and-take craft tables, jumping castles, door prize drawings and more. Participants and spectators of the Teen Talent Show attend the carnival for free. The Youth Center Snack Bar will be open with lunch specials, drinks, candies, chips and more. The Fall West Fest carnival is from 1 to 4 p.m. and the talent show is from 1 to 2 p.m. There will also be a Basketball Registration Booth. To sign up for the talent contest, visit the community center or youth center. For more information, call 228-3500 or 228-8844.

### Becoming a club member

Start enjoying club benefits today just by filling out a membership application. Individuals will be instantly eligible for local and Air Force wide benefits including member's only discounts and events, discounts on club dining, promotional prizes and giveaways plus more. Enlisted members will receive \$10 and officers will receive \$15 in Services Bucks that can be used at designated Services Activities and many off-base businesses. In addition, all new members receive two months of membership dues free. For more information, call 228-3301 or 228-3100.

