

Driving Safety Tips

DAVIS MONTHAN AIR FORCE BASE

1. **Don't talk on a cell phone while driving.** Phones detract from your ability to concentrate on the road and increase your chance of a collision by nearly 400%. If you must use the phone, pull over to a safe, well-lit parking lot and place your call there. After completing your call you may continue on your way.
2. **Do not drive through standing water on roads or in parking lots.** The average automobile can be swept off the road in 12 inches of moving water, and roads covered by water are prone to collapse. Attempting to drive through water also may stall your engine, with the potential to cause irreparable damage if you try to restart the engine. If you come upon a flooded street, take an alternate route.
3. **Be cautious at intersections, a danger zone.** Intersections can be risky because there are a lot of distractions: turning cars, pedestrians and red-light runners.
4. **Don't drive sleep-deprived.** Sleep is not a matter of willpower, but a biological need. If you become drowsy, pull off the road and get some rest.
5. **Know your brakes.** Most cars have antilock brakes, which require a driver to apply a firm and continuous pressure on the pedal.
6. **Don't forget the basics:** Buckle your seatbelt, limit loose objects in your car and lock your doors.

★ Often, we don't think about what we need in an emergency situation until we're in one. Whether you have a flat tire or another roadside emergency, you should have the following items in your car when traveling:

- Spare tire (be sure to have it checked each time you have your tires rotated)
- Jack
- Cell Phone
- Tool box with screwdrivers and wrenches
- Empty Gas Can
- Blanket
- Small hammer
- Flares
- Fuses
- Snack food
- Car registration /insurance
- Flash light with spare batteries
- First aid kit
- Bottled water
- Jumper cables



Accidents Hurt - Safety Doesn't