



Safety Tips for Motorcycle Riders

1. **Make eye contact** – never assume others see you. Always try to make eye contact with drivers who may be about to pull into your path.
2. **Check behind when turning left from a highway** – watch your mirrors and make sure you have plenty of space behind. The drivers behind might not slow down for you.
3. **Take it easy on the curves** – many crashes happen there. You might overshoot the road or cross the centre line and get hit by oncoming traffic. Watch the road ahead, slow down and choose the correct lane position-before entering a curve.
4. **Wear a good helmet** – Helmets prevent head injuries in 67 per cent of crashes and deaths in 29 per cent. Make sure your helmet has been DOT approved and is in good condition. Avoid buying a used helmet. It may have been in a crash, and the damage may not be obvious.
5. **Be visible** – Wear bright, reflective clothing. Add extra reflective material to it or wear a reflective vest. Likewise, buy a bright-colored helmet and stick reflective tape to the back and sides. Always keep your headlight on. Ride in the lane position where other drivers can easily see you and you've got room to move. Avoid all other vehicles' blind spots.
6. **When you brake, use both brakes together** - Generally speaking, when conditions are good, the front brake accounts for as much as 2/3 of the bike's stopping power. How much brake pressure to use depends on your abilities, your bike's capabilities, and the environment.
7. **Always drive within your abilities** – Many riders try to push themselves to ride beyond their current ability. Always ride within your skill-set and never in an illegal manner.

Accidents Hurt - Safety Doesn't

